

Wood River-Hartford ESD #15
Breakfast and Lunch Menu for October 2016

Monday	Oct.	3	Breakfast: Cereal, Toast, Butter, Jelly, Peaches, Juice, Milk Lunch: Chicken Nuggets, Green Beans, Cheese Stick, Peaches, Catsup, BBQ Sauce, Milk
Tuesday	Oct.	4	Breakfast: Mini Pancakes, Sliced Apples, Juice, Milk Lunch: Corn Dog, Broccoli/Cheese, Pears, Catsup, Mustard, Milk
Wednesday	Oct.	5	Breakfast: Egg Omelet, Mixed Fruit, Juice, Milk Lunch: BBQ Rib on Bun, Corn, Mixed Fruit, Teddy Grahams, Milk
Thursday	Oct.	6	Breakfast: Mini Bagel, Strawberry, Pears, Juice, Milk Lunch: Nacho Supreme, Chips, Lettuce, Cheese, Diced Tomatoes, Salsa, Applesauce, Milk
Friday	Oct.	7	Teachers' Institute – No School
Monday	Oct.	10	Columbus Day – No School
Tuesday	Oct.	11	Breakfast: Cereal, Toast, Butter, Jelly, Applesauce, Juice, Milk Lunch: Cheeseburger on Bund, Green Beans, Tomato Slice, Pineapple, Catsup, Mustard, Milk
Wednesday	Oct.	12	Breakfast: Frudel Apple, Peaches, Juice, Milk Lunch: Pepperoni Pizza, Romaine Salad w/Italian Dressing, Apricots, Animal Crackers, Milk
Thursday	Oct.	13	Breakfast: Mini Waffles, Pineapple, Juice, Milk Lunch: Salisbury Steak, Mashed Potatoes, Gravy, Mandarin Oranges, Roll, Milk
Friday	Oct.	14	Breakfast: Breakfast Burrito, Pears, Juice, Milk Lunch: Burrito, Salsa, Carrots, Slaw, Mixed Fruit, Milk
Monday	Oct.	17	Breakfast: Cereal, Toast, Butter, Jelly, Pineapple, Juice, Milk Lunch: Grilled Chicken on Bun, Broccoli/Cheese, Peaches, Milk
Tuesday	Oct.	18	Breakfast: Mini Blueberry Waffle, Mandarin Oranges, Juice, Milk Lunch: Mini Corn Dog, Carrots, Green Pepper, Pears, Catsup, Mustard, Milk
Wednesday	Oct.	19	Breakfast: Cini Minis, Sliced Apples, Juice, Milk Lunch: Chicken Fajita, Lettuce, Cheese, Diced Tomatoes, Refried Beans, Sliced Apples, Salsa, Milk
Thursday	Oct.	20	Breakfast: Breakfast Sausage Pizza, Apricots, Juice, Milk Lunch: Sausage Pizza, Salad w/Dressing, Green Beans, Applesauce, Milk
Friday	Oct.	21	Breakfast: Mini French Toast, Peaches, Juice, Milk Lunch: Chicken Rings, Macaroni & Cheese, Pineapple, Catsup, BBQ Sauce, Milk
Monday	Oct.	24	Breakfast: Cereal, Toast, Butter, Jelly, Pears, Juice Milk Lunch: Chicken Patty on Bun, Cauliflower, Apricots, Fritos, Catsup, Mayo, Milk
Tuesday	Oct.	25	Breakfast: Sausage Pancake on a Stick, Syrup, Mixed Fruit, Juice, Milk Lunch: Quesadilla, Corn, Salad, Mandarin Oranges, Milk
Wednesday	Oct.	26	Breakfast: Pop Tart, Applesauce, Juice, Milk Lunch: Deli Sandwich, Carrot Sticks, Fresh Apple Slices, Harvest Cheddar, Milk
Thursday	Oct.	27	Parent/Teacher Conferences – No School
Friday	Oct.	28	No School
Monday	Oct.	31	Breakfast: Cereal, Toast, Butter, Jelly, Mandarin Oranges, Juice, Milk Lunch: BBQ Chicken on Bun, Peas, Pears, Rice Krispy Treat, Milk

BREAKFAST AND LUNCH MENUS SUBJECT TO CHANGE WITHOUT NOTICE. CHOICE OF MILK OFFERED DAILY.